

Parenting Suggestions Regarding Technology

Become involved in your child's cyberspace. Sit at the computer and let them teach you how they use the Internet:

- Ask them to take you places they frequently visit and show you what they do.

- Also explain that this is a particularly difficult emotional period for many children and what may seem to be harmless teasing, can be devastating to the person being teased.
- Share with them that the Internet is a public forum so anything can be shared with other people without their knowledge or consent. They should be very discreet in what they say and do on-line. They need to always be vigilant in protecting their reputations. Things said and done on the internet can come back to bite them many years later.
- Have a very pointed conversation about “sexting”,