



Three Village Central School District
Concussion Protocol
is as easy as
“ABC”

A always report symptoms

Tell your teacher, coach, or nurse if you have memory loss, confusion, headache, dizziness, loss of balance, vision trouble, sensitivity to light or sound, nausea, irritability, sadness, nervousness, mood swings, feeling sluggish, foggy or light-headed, trouble concentrating, drowsiness, sleeping more or less than usual, numbness, tingling, or loss of consciousness.

B e evaluated by an experienced physician

*It is highly recommended that you consult a physician with expertise and experience in concussion management. Many Family Doctors, Pediatricians, Neurologists, Physical Medicine & Rehabilitation doctors and Sports Medicine Physicians have specific training about concussions such as ImPACT. Research and science of brain injury is rapidly evolving. Your initial evaluation should be by a physician up to date with the latest guidelines such as prescription of **Return to Learn** and **Return to Play** protocols.*

*After your private physician acknowledges your successful completion of a Return to Play protocol, our district’s **Chief Medical Officer** will review your documentation and often confer with your doctor before giving the second signature required for clearance to resume physical education and athletics.*